



TEMPLE BETH SHOLOM BULLETIN



Number 4, 2016-2017

January 2017, Tevet – Shevat 5777

Rabbi Debbie Stiel



Beineinu- Between Us Rabbi Debbie Stiel

Dealing with a Hard World

At Irv Rosen's funeral last month the following story was retold. Once someone shared with Irv a distressing personal incident as Irv gazed out the window. The person was not sure if Irv was concentrating intently on the story or just fixated on something outside. When the person finished speaking, Irv pointed his finger out the window and said slowly, "you know... it's a very hard world out there." And suddenly the advice seeker felt heard and understood and sensed that Irv had truly grasped his pain.

Thinking about that anecdote makes me aware that many of Irv's life choices and much of his advice can be understood as a response to that hard world. Many people respond to the slings and arrows of life by becoming very guarded or self-focused, but its effect on Irv seemed to be the opposite. Despite some extremely painful life experiences such as living through the Great Depression which created very tough financial times for his family, serving in World War II, and suffering the loss of his eldest son, Larry z'l, Irv was one of the most open-hearted and (usually) upbeat people I have ever met. I will not claim to know whether this came about primarily through a natural temperament or his years of learning about himself in psychoanalysis or some other way, but I do think he left us important clues as to how we might approach life well. The things I note here are not earth shattering, but they are wise and life enhancing. And they are also supported by Jewish teachings. Here are five wise lessons from Irv, z'l:

1. To the extent that you can, enjoy life. Irv enjoyed singing show tunes, playing chess, vacationing in the Rockies, chatting with friends and family, doing the New York Times crossword puzzle, and reading, among other things. What do you enjoy doing? With one life to live, now is the time to embrace these simple pleasures.
2. People are irreplaceable – respect and treasure them. Irv showed this by asking the name of everyone who came to help him, listening intently when people shared stories with him, and being so thrilled to share time with family and friends. Life is more manageable and enjoyable when we are there for each other.
3. When life becomes unbearable, allow yourself to cry and let out the pain. Irv shared that advice upon the death of his son, when he saw the pain it was causing a young man. Stoicism will not bring us the relief we want. Hence we see, for example, that Judaism teaches that official mourning for the death of a parent lasts an entire year. We need to let ourselves mourn.
4. The unexamined life is not worth living. Work on yourself. Get professional help when you need it in order to be the best person you can be. Life is short!
5. Work hard at something you love. Have a career you are passionate about!

Thank you, Irv, for your passion, warmth and wisdom. Shalom chaver.
Zichrono livracha - Irv's memory (and his lessons) will continue to be a blessing.

Contributions

General Fund

Einstein's

Warren and Diane Sickel

-In memory of Sheldon

Edelman

-In memory of Natalie Sickel

Jack and Rhoda Wisman

-In memory of Irv Rosen

Dean and Ruth Cook

-In memory of Irv Rosen

Sharon Nathan

-In memory of Irv Rosen

Dorothy Harder

-In memory of Irv Rosen

Richard Maxfield

-In memory of Irv Rosen

Harlan and Peggy Black

Russ and Jane Greene

-Happy Birthday to Bob Harms

John and Fern Rosenberg

Religious School Fund

Laurie McKinnon

David Margolies

Sheila Hochhauser

Irv and Lauren Cohen

-In honor of Bob Harm's

birthday

Adult Education Fund

Ron and Frayna Scrinopskie

-In memory of Sheldon

Edelman

-In honor of Bob Harms special

birthday

David Margolies and Sheila

Hochhauser

-In honor of Bob Harm's

birthday

Rabbi's Discretionary Fund

Danelle Harsin

Stephanie Schuttera

Ann Roth

-In memory of Roger Roth

Lindsay Moyer

Security Fund

Len and Terry Richter

-In memory of Sheldon

Edelman

-In memory of Naomi

Margolies

-In memory of Joseph Richter

Nancy Epoch

-In memory of Barry Epoch

-In memory of Leslie

Scrinopskie

-In memory of Ellen Federff

-In memory of Evan Douglas

Epoch

Leadership Fund

Liz Bergmann-Harms

Mitzvah Committee

Lindsay Moyer

Nancy Epoch

Social Action – Breakthrough

House Mitzvah Project

Carolyn Litwin

Sharon Nathan

-In honor of Bob Harms

Music Fund

Mary Hull

-In memory Steven B.

Klacsman

Endowment

Allen and Beth Kossoy

Jerry and Jeanne Frieman

Social Action Fund

Jack and Rhoda Wisman

-In honor of Bob Harms 80th

birthday

-In memory of Sheldon

Edelman

Oneg Sponsors

Thank you to everyone who has volunteered to host onegs for the next year.

We are looking for hosts:

February 24

March 17 and 24

April 21

Please check times of services in the monthly bulletin and weekly email. Please remember, for those of you who cannot host an

oneg, you may donate any amount to our Oneg Fund. We will use your donation to purchase items for an oneg and a volunteer will set up the oneg for you. Your donation can be acknowledged or anonymous, whatever you wish. Contact Molly Wisman at if you have questions.



Yahrzeits

January 6 – Bonny Cohen, Mollie Shelton, Edward Cumonow, Barney Horwitz, Karl Targownik, Bertha Gordon, Abe Affron, Rose Ulamperl, Elisabeth York, Louis Epstein, Joseph Kohn, Hy Kornbleet, Louis Fisher, Irving Facher, Jacob Kotlarsky

January 13 – Leonard Bass, Diane Organ, Sylvia Cohen, Esther Moses, Harriet Kolman, Bernard Schwartz, Phillip Gordon, Paul Parker, Kathleen Black, Anne Belle Pusitz, Leopold Bergmann, Benjamin Nathanson, Peter Snow, Malach Gordon, Joe Gutovitz, Simon Galitzki, Alexander Levy, Eli Shapiro

January 20 – Esther Rose Kadish, Alice Allan, Jack London, Scott Richter, Sylvia Grodberg, Luas Erp, Joseph Silver, Stanley Blum, Idella Barshop, Pearl Jeanne Berman, Lena Hurwitz, Charles Einstein, Ann B. Berger

January 27 – Ralph Bass, Patricia Berger, Jim Ramberg, John Black, Esther Endlich, Idaleone Pressman, Molly Scrinopskie, Leo Shapiro



Friday, January 13 - 7:00 pm (note the early time)
Simchat Shabbat Service

- An upbeat, family-friendly service.
- There will either be a story or a short teaching piece.
- January birthday and anniversary blessings will be offered.



Rabbi Moti Rieber Coming to Temple on February 17

Join us for this Social Action Shabbat at 7:30 pm

Rabbi Moti Rieber is the founder and director of Kansas Interfaith Action. KIFA seeks to “fill a gap that has existed for some years in Kansas public life: as a coalition of people of faith that put faith values back into the public discussion on issues of prejudice/human dignity, poverty, violence, and climate disruption.” Rabbi Rieber noted that this past year, “during the legislative session, we worked against a bill to limit resettlement of refugees in Kansas, which goes against the teachings of our many traditions that tell us to welcome the stranger. We worked against an expansion of the so-called “Hope Act,” which put further restrictions on assistance to families in need. We testified against the latest expansion of gun proliferation.”



Rabbi Rieber will talk about the 2017 Kansas Legislative session and the issues that KIFA is working on and how we can get involved. Among other topics, he will give us an update on the effort this spring to repeal Campus Carry before it goes into effect.

For more information on KIFA and to support them, go to www.kansasinterfaithaction.org



Topeka’s 23rd Annual Community-wide Celebration of the Life and Legacy of Dr. Martin Luther King, Jr.

Monday, January 16, 2017 at The Church of Jesus Christ of Latter Day Saints, 2401 SW Kingsrow, Topeka Kansas

Speaker: Sheriff Herman Jones will address “Whose Dream Is It?”

Soup Supper at 6:00 pm and Celebration Service at 7:00 pm.

Temple Beth Sholom and Manhattan Jewish Congregation
Joint Ice Skating Party!

Saturday, January 14, 7:15 pm - 9:30 pm

Skating is free, Skate rental is \$3

Hot chocolate is available for \$1.

Snacks will be provided

Where: Manhattan City Park Skate Rink,
1101 Fremont St, Manhattan, Kansas

Manhattan Jewish Congregation Religious School will be invited to join us! We have rented out the ice rink!

RSVP by JANUARY 12.



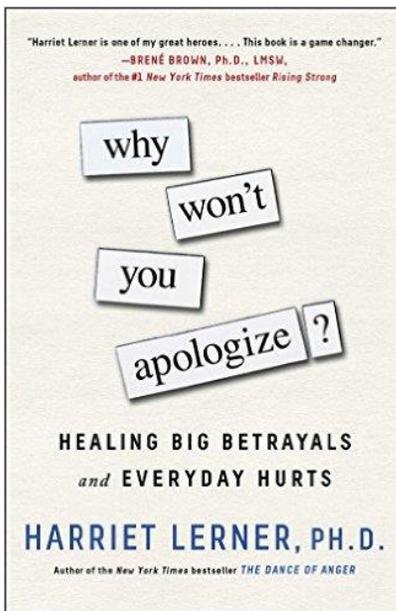


Please Sign Up Now!

BLOOD DRIVE

Community Blood Center is the primary supplier of blood for local hospitals and has been serving Missouri and Kansas hospitals for more than 50 years. Community Blood Center needs to collect 580 pints of blood every day and over 140,000 pints annually to meet the needs of our local hospitals. An individual within the area that Community Blood Center serves needs a blood transfusion every 4 minutes.

Please share your gift of life with local hospital patients who need it by donating at the next Community Blood Center blood drive. The blood drive will be held at Temple Beth Sholom, **Sunday, February 12, 10:00 a.m. - 1:00 p.m.** in the Temple Social Hall. To make an appointment online, visit esavealifenow.org and use **Sponsor Code: templebethsholom**. For additional details contact Deborah Edelman-Dolon at 785.969.7112 or deborahed2@yahoo.com.



Harriett Lerner will be speaking about her new book, *Why Won't You Apologize?*

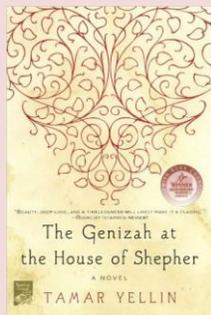
Thursday, February 2 at 7:00 pm at Topeka Shawnee County Public Library

Renowned psychologist and bestselling author of *The Dance of Anger* sheds new light on the two most important words in the English language and offers a unique perspective on the challenge of healing broken connections and restoring trust.

Dr. Harriet Lerner has been studying apologies—and why some people won't give them—for more than two decades. Now she offers compelling stories and solid theory that bring home how much the simple apology matters and what is required for healing when the hurt we've inflicted (or received) is far from simple. Readers will learn how to craft a deeply meaningful "I'm sorry" and avoid apologies that only deepen the original injury.

Harriet Lerner was born and raised in Brooklyn, New York, the second of two daughters. Her parents, Archie and Rose Goldhor, were both children of Russian-Jewish immigrant parents.

Temple Book Club on February 26, 2017, 3:00 pm



The Genizah of the House of Shepher, winner of the Hadassah Magazine Ribalov Prize, by Tamar Yellin is based loosely on episodes from the writer's life. A contemporary scholar gets wrapped up in her family's history when she discovers a mysterious and valuable Torah manuscript stashed away in the attic (*genizah*—a depository for old or damaged sacred documents). So begins a journey that spans four generations of the family Shepher that leads Shulamit Shepher to reconsider her ancestors' history as well as her own passions, faith and choices for the future. Available for under \$5 at Abebooks.com



BLINTZE BRUNCH



Temple Beth Sholom
52nd Annual Jewish Food and Cultural Fair
Sunday, April 30, 2017

Cooking Dates will be published soon.

Silent Auction Prizes

The Temple Blintze Brunch Committee is looking for silent auction prizes – in particular, tickets to the Royals and Chiefs games. Also popular are football and basketball tickets to KU, K-State and Washburn games. Do you have season tickets or individual game tickets that you could donate? Sports game tickets are always good sellers at the Brunch. Please help if you can. The Brunch is April 30 so the tickets would need to be available after that day. For more information, call Jack Wisman.



Calling all dancers! Any adults interested in folk-dancing for the Blintze Brunch, please contact Frayna – ASAP. Novices welcome! Dancers will practice every Sunday at 12:30 pm, starting January 15.

Jewish Summer Camp Scholarship Requests Now Due

We will once again be offering scholarships to every youngster in our community who needs the financial help and is going to an approved Jewish summer camp. Last year the gifts were \$500 to each camper who went for 2 weeks and \$1,000 for 4 weeks. We will try to match that this year, but it will depend on the number of applicants for these limited funds. To apply, you must e-mail Rabbi Stiel a request for campership funds at rabbi@tbstopeka.org by **January 15**. Please include the name of the Jewish overnight camp your child will be attending and the dates. You will be notified of the amount we can give and then the funds will be sent directly to the camp. **Please Note:** Those going on approved Jewish teen tours of Israel may also apply for these funds. Our campership funds come from the Temple, the Topeka – Manhattan Jewish Federation, and a yearly gift from the Pozez endowment fund.

Other camp scholarships may be available through the camps themselves, through the Jewish Community Foundation of Kansas City, and for first time campers through www.onehappycamper.org.



ToMaTY members at their Talent Show with Emcee Jack Wisman.



Above: Children at our December Simchat Shabbat Service



Left: Temple Beth Sholom at Harvesters

Bottom: ToMaTY Kugel Cookoff and Talent Show havdala.



Monthly Shabbat Morning Learning Opportunities

Talmud Study – 9:00 am
Saturday, January 7 and 21

TaNakh Study – 10:30 am
Saturday, January 14

For our next session, we will be reading and discussing the beginning of the book of *Hosea*. We hope you will join us.

Kabbalah Study - 9:00 to 10:30 am
Saturday, January 14 and 28
Text: *Ehyeh: A Kabbalah for Tomorrow*
by Art Green.

Sunday Adult Education

Jewish History Class will meet on January 8 at 10:30 am. We will finish reading and discussing Simon Schama's *The Story of the Jews*.

Adult Hebrew Class Times:
(check calendar or Frayna for specific days)
Beginning Hebrew 9:30-10:30 am
Intermediate Hebrew 10:30-11:30 am
Advanced Hebrew 11:30 am -12:30 pm

Upcoming Committee meetings:

Religious School Faculty/Committee Meeting on January 8 at 12:45 pm.

Rescheduled Holocaust Commission meeting on January 29 at 12:30 pm.

Adult Education Committee meeting on January 29 at 2:00 pm.

Meditation Practice
Wednesday, January 18
7:00 – 8:00 pm

In the Temple's Pusitz Library
Led by Special Guest Presenter:
Khalil "Hadi" Green, Inayati Sufi Order.

Hadi has years of meditation practice. He will lead us in an introduction to Heart Centered Meditation. Explanation and technique for going into the heart as a focus point for meditation will be provided through practice. All are invited.

February 15 at 7:00 pm is our next meditation time.

Temple's Inclement Weather Policy

The Temple board voted a few years ago to implement these rules for the safety of our members. Please take note of them. If in doubt about whether a worship service, religious school or program is going to happen, you can call Rabbi Stiel, the Temple president, or the chair of the committee involved.

1. If a siren sounds in Shawnee County within one hour leading up to a Temple program, religious school, or worship service, that event is cancelled.
2. If there are wintery conditions an hour before a Temple event, Temple will cancel its planned activities if school districts 501 or 437 are cancelled or if the schools are cancelling their evening activities.
3. Please check the WIBW TV channel or website or look for an email from Temple to find out if an event has been cancelled.

It is hard to write a policy for every possible occurrence, so please feel free to call someone in charge of the activity if in doubt.

In Memoriam

The Temple Beth Sholom family extends condolences to:

To **Eric and Libby Rosen** on the death of Irv Rosen, Eric's father.

To **Leif Dolan and Deborah Edelman-Dolan** on the death of Barbara Dolan, Leif's aunt.

Zichronam livracha – May their memory be a blessing.

Helpers Needed:

Can you read Torah? We would like to have more people reading Torah. Please contact Sophie Thayer at jntthayer@gmail.com

Do you meditate? Please consider leading one of our monthly meditation practices. To be scheduled, contact Stephanie Schuttera at classicalacupunctureofks@gmail.com

Men's Dinner Club

The Temple Beth Sholom Men's Dinner Club will meet Wednesday, January 18 at Longhorn Steakhouse, 1915 SW Wanamaker Rd at 6:30 pm. For more information, contact Alan Parker.

Women's Night Out Dinner!

We will meet on January 26 at Hunam, Indian Hills Shopping Center, 5005 SW 29th St at 6:00 pm. If you have questions, please contact Liz Bergmann-Harms.

CONGRATULATIONS! MAZAL TOV!

To **Dave Mudrick**, who has been selected to the 2016 Missouri and Kansas Super Lawyers list in the Employment and Labor Law category.

To **Jason Sickel**, son of Warren and Diane Sickel, who was named Kansas Teacher of the Year for K-12.

Temple Beth Sholom's Kol Neshamah members singing at the Interfaith Thanksgiving service.

GOOD NEWS!

You will NOT have to re-register for Dillons Community Reward program in January.

If you are signed up for the Dillons Community Reward program through your Dillon's card, Temple Beth Sholom receives a percentage of your grocery purchases.


Community Rewards



NEW ADDRESS:

Rene Pressman
In paper bulletin

NEW EMAIL ADDRESSES:

Ezra and Barbara Ginzburg
LaDonna Kelly
In paper bulletin



Sheldon Headstart Drive

Sheldon Head Start Preschool, our neighborhood school, again could use our help. They serve over 300 of the most vulnerable 3-4 year olds in Topeka.

They do not need regular clothes at this point, but they do need outdoor wear for the kids. Specifically they are asking for: children's stocking hats, mittens, scarves and gloves. A collection box will be placed by the Temple Office and in the sanctuary foyer for your donations. We will be collecting items in January and February.

Thanks for your help. - Carolyn Litwin

Dear Rabbi Debbie, Warren, the Wisman families, Board of Directors and Congregation,

Words are not sufficient to express my deep gratitude for your recognition and gift in honor of my 30th anniversary of accompanying for the High Holy Days services at Temple Beth Sholom! I love being part of the Temple congregation and family! I love Jewish music - it restores and renews my spirit!

What a beautiful, joyful *surprise* it was to receive the gift of tickets to concerts by the Topeka Symphony! Absolutely perfect!

I want to offer deep thanks to the two Rabbis with whom I've had the privilege to serve. Rabbi Larry, thank you for hiring me back in 1986 and being an excellent musician yourself, encouraging me, guiding me, introducing me to the wonders of Jewish music, and being a clergy colleague in Topeka.

Rabbi Debbie, thank you for re-hiring me in 2007 and adding two Friday Shabbat services each month. Thank you for being a kindred spirit, a spiritual inspiration, introducing me to even more beautiful Jewish music, being another clergy colleague. You are a cherished friend with whom I can share my spiritual journey. You are a living blessing for me!

Special thanks to all my Temple music colleagues, and especially to Warren and Rhoda! The three of us make an amazing and inspiring team, and both of you are truly dearly beloved friends!

Thank you ALL, Temple Beth Sholom, including Patty and Tracie! Through you all God keeps blessing me and inspiring me as we share music, friendship and life in God's love.

Sincerely,
Paul Evans

December 7, 2016 Board Meeting Highlights

- President Laurie McKinnon noted that Topeka Police Chief Brown would be leaving the force. The Board approved a plaque and letter of thanks for his service and help with protection of Temple over the years.
- Alan Wisman, Chairman of the Building and Grounds Committee, reported that to bring the fire alarm into the current alarm system would cost up to \$40,000 and to add sprinklers would be another \$20,000. The Committee will be seeking other bids for the project.
- There was discussion on perhaps changing the Temple's fiscal year to match the calendar year.

JANUARY 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Chanukah 8 th Day Happy New Year! No Religious school or Hebrew classes	2 Office Closed Chair Yoga 7:00 pm	3	4 5:30 pm Religious School Hebrew Class Board Meeting 7:00 pm	5	6 Shabbat Service 7:30 pm Rabbi Stiel/ Rhoda Wisman/ Paul Evans	7 Talmud Study 9:00 am Shabbat Morning Service 10:30 am
8 Religious School and Beginning Adult Hebrew classes 9:30 am Jewish History Class 10:30 am Torah Tots 10:30 am Religious School Assembly 10:30 am Basic Judaism Class 11:00 am Adult Advanced Hebrew 11:30 am Religious School Faculty/Committee meeting 12:45 pm	9 Chair Yoga 7:00 pm	10	11 No Religious School Hebrew Class	12	13 Simchat Shabbat Service 7:00 pm Julie Petruccelli-Treen/ Susan Zuber-Chall/ Warren Sichel/	14 Kabbalah Study Group 9:00 am TaNaKh Study 10:30 am Religious School Ice Skating in Manhattan 7:00 pm
15 Adult Beginning Hebrew and Religious School 9:30 am Religious School Classes 10:30 am Advanced Adult Hebrew 11:30 am Middot Va'ad 1:00 pm Blintze Brunch Dancers 12:30 pm	16 MLK Jr. Holiday Bulletin Deadline Chair Yoga 7:00 pm MLK celebration program 7:00 pm	17	18 No Religious School Hebrew Class Men's Dinner Club @ Longhorn Steakhouse 6:30 pm Jewish Meditation 7:00 pm	19	20 Shabbat Service 7:30 pm Deborah Edelman-Dolan/ Jerry Frieman/ Stephanie Schuttera	21 Talmud Study 9:00 am
22 Religious School and Adult Beginning Hebrew 9:30 am Religious School Classes 10:30 am Torah Tots 10:30 am Adult Advanced Hebrew 11:30 am Blintze Brunch Dancers 12:30 pm	23 Chair Yoga 7:00 pm	24	25 School Hebrew Class 5:30 pm	26 Women's Night Out @ Hunam's Restaurant 6:00 pm	27 Shabbat Service 7:30 pm Rabbi Stiel/ Rhoda Wisman/ Paul Evans	28 Kabbalah Study Group 9:00 am Movie Night "Joachim Prinz: I Shall Not Be Silent" 7:00 pm
29 Religious School and Adult Beginning Hebrew 9:30 am Religious School Classes 10:30 am Adult Advanced Hebrew 11:30 am Blintze Brunch Dancers 12:30 pm Holocaust Commission meeting 12:30 pm Adult Education Committee meeting 2:00 pm	30 Chair Yoga 7:00 pm	31				
				<p>Rabbi Stiel will be in Israel January 10 – 24. Contact Temple office or Laurie McKinnon, Temple President, if you have concerns or questions.</p>		

Temple Beth Sholom

4200 SW Munson Ave, Topeka, KS 66604-1879

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Topeka, Kansas

The Temple Beth Sholom *Bulletin* is published by Temple Beth Sholom at 4200 SW Munson Ave., Topeka, KS monthly. Material for inclusion should be received at Temple office NO LATER THAN the 8th of the month prior to publication

Website – templebethsholomtopeka.org

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Return Service Requested



AFFILIATED WITH THE UNION FOR REFORM JUDAISM

Worship Services

Friday, January 6

Shabbat Service - 7:30 pm

Service led by Rabbi Stiel, Rhoda Wisman and Paul Evans. Oneg Shabbat sponsored by Len and Terry Richter.

Saturday, January 7

Shabbat Morning Service 10:30 am

Service led by Rabbi Stiel and Warren Sickel. Sophie Thayer will chant Torah.

Friday, January 13

Simchat Shabbat Service – 7:00 pm

Service led by Julie Petruccelli-Treen, Susan Zuber-Chall and Warren Sickel. Anniversary and birthday blessings will be offered. Oneg Shabbat sponsored by Peggy Black and Sarah Roth.

January 20

Shabbat Service - 7:30 pm

Service led by Deborah Edelman-Dolan, Jerry Frieman and Stephanie Schuttera. Oneg Shabbat sponsored by Adam Treen and Julie Petruccelli-Treen.

Friday, January 27

Shabbat Service - 7:30 pm

Service led by Rabbi Stiel, Rhoda Wisman and Paul Evans. Stephanie Schuttera will read Torah. Oneg Shabbat sponsored by Bryan and Elizabeth Cohn.

COMMUNICATION RESOURCES:

www.templebethsholomtopeka.org

Facebook: Templebethsholom-topeka

Office@tbstopeka.org

Rabbi@tbstopeka.org



Office Hours – Monday-Friday

9:00 a.m. to 12:00 or by appointment