



# TEMPLE BETH SHOLOM BULLETIN



Number 1, 2019-2020

September 2019, Elul 5779 - Tishrei 5780

Rabbi Debbie Stiel



**Beineinu – Between Us**  
**By Rabbi Debbie Stiel**

## Judicious Speech

We are now starting the month of Elul. This is our time for *heshbon hanefesh*, intensified self-reflection before welcoming the New Year. This year I would encourage each of us to think about our speech.

One of the things that separates us from other animals is this incredible communication device called language. With it, we humans can be very direct or very vague. With the mere air that it takes to talk, we can help others, and we can harm them. In Proverbs we are warned, “death and life are in the power of the tongue” (Prov.18:21).

Sometimes a zinger or an acerbic quip may be funny and witty or even seemingly well-deserved, but is it worth it if it hurts another person? With the advent of social media and the internet, many people feel even more emboldened to communicate in harsh ways. After all, why not?! They don’t have to see the pain they are causing; they conveniently forget that they may be deeply wounding a real person.

Rabbi Joseph Telushkin in his book, *Words that Hurt, Words that Heal* shares that whenever he speaks on this topic he will ask the group if they can go twenty-four hours without saying any unkind words about, or to, anyone. Invariably a large number call out, “no!” Telushkin argues that anyone who cannot say yes to this question should recognize that they have a serious problem. He teaches, “if you can’t go for twenty-four hours without saying unkind words about others, then you’ve lost control over your tongue.” How long do you go without speaking negatively of others?

Most of us could use being more careful about our speech. I recently heard the insightful teaching that words are either seeds or bullets. This year, which will our words be? Will they be kind and helpful? Will our mouths bring forth seeds that plant new ideas and help people flourish? Or will they be sharp, overly critical or cynical bullets?

I once heard that in a marriage it takes five positive comments to make up for the damage caused by one negative one. Rabbi Telushkin affirms that negative speech is more powerful than positive speech. Sometimes it blocks out any positive. He quotes African American poet Countee Cullen who wrote this poem about a childhood experience:

*Once riding in old Baltimore, heart-filled, head-filled with glee, I saw a Baltimorean keep looking straight at me.*

*Now I was eight and very small and he was no whit bigger, and so I smiled, but he poked out his tongue and called me “nigger!”*

*I saw the whole of Baltimore from May until December, of all the things that happened there that’s all that I remember.*

But positive speech CAN be very healing.

In Telushkin’s book he quotes a friend who asked the question, “Who wouldn’t recite a magical incantation if it would heal a loved one of a terrible illness? And yet ordinary, non-magical words just as certainly have the capacity to ease others’ psychic ills.”

May our words be carefully offered, and may they be seeds of blessing whenever possible.

This seems like the perfect time for me to say how grateful I am for our wonderful Temple community. Thank you for being such a blessing in my life. If I can be of any help to you, please let me know.

Wishing you and your loved ones a *Shana Tova u’Metuka* (a sweet and good year). See you soon!

Temple Beth Sholom 4200 SW Munson Avenue, Topeka, KS 66604-1879  
Phone: 785-272-6040 FAX: 785-272-1565 Website: [templebethsholomtopeka.org](http://templebethsholomtopeka.org)

## **Contributions**

### **General Fund**

#### **Einstein's**

#### **Maimonides Fund**

#### **Jack and Rhoda Wisman**

-In memory of Rose Facher  
-In memory of Joseph Facher  
-In memory of Harold Grodberg

-In memory of Peggy Black

#### **Bob Harms and Liz**

#### **Bergmann-Harms**

-In memory of Phyllis Levine

#### **Music Fund**

#### **Sophie Thayer**

-In honor of Paul Evans

#### **Bob Harms and Liz**

#### **Bergmann-Harms**

-In memory of Ann Manson

#### **Rabbi's Discretionary Fund**

#### **Jerry Berger**

#### **Leif Dolan and Deborah**

#### **Edelman-Dolan**

-In memory of Hy Finston  
-In memory of Charlotte Edelman

-In memory of Bill Leeds  
-Congratulations to Sarah Edelman-Dolan for receiving her graduate degree in social work

#### **Jack and Rhoda Wisman**

-In memory of Peggy Black

#### **Mitzvah Committee**

#### **Jack and Rhoda Wisman**

-In honor of Peggy Black

#### **Adult Education Fund**

#### **Jack and Rhoda Wisman**

-In memory of Sylvia Kaufman  
-In memory of Peggy Black

#### **Lawrence Litwin Social**

#### **Action Fund**

#### **Daveen Litwin**

-In memory of Larry Litwin

#### **Social Action Fund**

#### **Daveen Litwin**

-In memory of Larry Litwin

#### **Endowment**

#### **Dean Kelley**

-In memory of Nancy Jean Litwin Kelley

## **Women's Night Out**

will meet Thursday,  
September 26 at 6:30 pm  
at Jason's Deli located on  
Wanamaker and Huntoon.

Please contact Liz  
Bergmann-Harms with any  
questions.

## **Men's Dinner Club**

will meet at Red Robin  
Restaurant, 6230 SW 6<sup>th</sup> Ave,  
at 6:30 pm on Thursday,  
September 19. Please contact  
Alan Parker with any  
questions.

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**The Temple Beth Sholom  
family extends condolences  
to:**

**-Harlan Black and Sarah  
Roth** and family on the death  
of Peggy Black.

**- Mark Kaufman and Patty  
Kahn** on the death of Sylvia  
Kaufman, Mark's mother.

**Zichronam livacha – May  
their memory be a blessing.**

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## **Monthly Meditation Practice**

**Wednesday, September 18**

**7:00 – 8:00 pm**

**In the Temple's Pusitz  
Library**

**Led by Stephanie Schuttera**

**- - - - -**  
**Next Meditation Practice**

**October 16**

**Led by David Chall**

## **Yahrzeits**

**September 6** - Connie Bauman, Rose Kolman, Francine Glassman, Katie Gold, Lawrence Litwin, Rose Edelman, Elizabeth Averill, Helen Levine, Jean Eckart, Dorothy Vehon, Warren Zevon, Joseph Megibow, Marie Beebe

**September 13** – Sheldon Hymson, Mitch Manson, Sarah Savedow, Abraham Felman, Thomas Dolgoff, Olive Lucile Edwards, Siegfried Lichenstadter

**September 20** – Fanny Pucker, Suzanne Briman, Norman Richter, Bessie Mudrick, Max Hurwitz, Vera Caruso, Kasriel Youngentob, Samuel Barnum, Stacie Stiel, Jack Morgenstern

**September 27** – Myron Goodman, Joseph Karol, Golda Hoffman, Philip Shelton, Frank Cook, Jack Hetman, Mary Bristol, Isaac Shklar

**Chair Yoga will resume  
on Monday  
September 16  
7:00 pm in Temple  
Library.**



**URJ Biennial 2019  
December 11-15**

**Chicago, Illinois  
[www.URJ.org/Biennial](http://www.URJ.org/Biennial)  
for more information.**

## UPCOMING SPECIAL SHABBAT SERVICES



1119 SW 10th Ave | Topeka, KS 66604  
doorsteptopeka.org

### September 6, 7:30 pm Shabbat Service Special Guest Speaker: Lisa Cain, Executive Director of Doorstep

As we prepare to give tzedakah and food to Doorstep in September and October, come learn more about it. Lisa Cain has been with Doorstep for over 25 years. She started out as the administrative assistant moving to the role of social worker, then the associate director, and now the executive director. She has been in this position for nearly 16 years. As the director she works to increase funding through grant writing, oversees services, reports to grantors, plans fundraisers and more. Lisa is a graduate of Washburn University with a degree in Social Work.

Doorstep has evolved into an agency focused on providing emergency assistance. They help people with the basic needs of life: food, clothing, rent and utility assistance, prescription assistance, dental vouchers, gas vouchers and metro bus tickets for work or medical appointments. And they also offer pet food, hygiene packs, diapers, linens, dishes and more. In 2018, Doorstep provided assistance to 8,387 households involving 18,796 individuals.

### Friday, September 13, 7:00 pm Simchat Shabbat Service

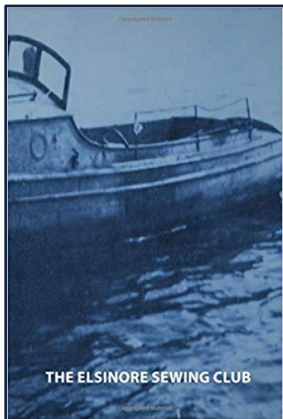
This second Friday of the month service is a perfect time to bring younger children. The music is upbeat and the service is a little shorter than the other weeks. We will read Torah or hear a story from Rabbi Stiel. Birthday and anniversary blessings will be offered.

### Friday, September 20, 7:30 pm Shabbat Slichot Service

Join us as we say the penitential prayers that lead us into the High Holy Days. For Slichot, which means 'forgiveness,' we will hear some of the beautiful High Holy Day music sung by our choir. The special liturgy and music call us to focus on introspection, God, and a season of growth and repentance.

### Friday, September 27, 7:30 pm Shabbat Service, High Holy Day Prayers Study Session

Do you sometimes wish you knew more about the High Holy Day prayers? At this Shabbat service, Rabbi Stiel will teach about a few of these special prayers. She will share their history and meaning. We will have the opportunity to reflect on them and their lessons for us in some depth.



### Friday, October 4, 7:30 pm Shabbat Shuvah Service Melissa Householder will talk about *The Elsinore Sewing Club* (based on information in the book of the same name)

**Shabbat Shuvah** is the Sabbath between Rosh Hashanah and Yom Kippur. During this Sabbath of Return we pray special endings to some of the prayers to remind us that we are observing the 10 Days of Repentance.

As we think about how to live up to our potential, this seems like the perfect time to learn about a group of people who risked their lives to help others (during the Holocaust).

*The Elsinore Sewing Club* (from the back cover of the book) - This is the inspiring story of the Danish resistance group, The Elsinore Sewing Club. During the winter of 1943-44 they played a crucial role in maintaining the connection between occupied Denmark and the free Sweden by daily illegal transports over the narrow strait, The Sound. The bookbinder Erling Kiaer defied his seasickness and sailed back and forth, day and night, through the tightly patrolled, ice-cold and mined Sound. He illegally transported refugees, resistance fighters, spies, courier posts, weapons and other compromising material. It is estimated that they transported around 700 Jews to Sweden.

## **High Holy Days - 5780/2019**

**Friday, September 20**

### **Shabbat and Slichot Service – 7:30 pm**

We will begin with a short Shabbat service. Slichot from the Hebrew word “forgiveness” incorporates some of the beautiful music and contemplative themes of the High Holy Days. Our Temple Choir will lead us in singing. We will turn the lights down for the Slichot portion of the service to help create a contemplative, awe-inspiring atmosphere to begin the Days of Awe.

**Sunday, September 29**

### **Erev Rosh Hashanah Service - 8:00 pm**

Rabbi Stiel will lead the service using our *Mishkan HaNefesh* machzor. Our Temple Adult Orchestra will participate in the service, as will our Kol Neshamah Choir. **The Rosh Hashanah Potluck Oneg follows the service, sponsored by the Temple Celebrations committee. Please bring a dessert or healthy option to share.**

**Monday, September 30**

### **Rosh Hashanah Morning Service- 10:00 am**

Rabbi Stiel will lead the service with help from congregants and our choir. **A Bagel Brunch, sponsored by Russ and Jane Greene, will follow.**

### **Children's Service - 1:30 pm**

A special service for children from birth through fifth grade and their families. Students who want a part can get one from Rabbi Stiel. The Ross/Benson, Harsin, and Roth families are sponsoring the Children's Oneg.

### **Tashlich - 6th and Gage - 3:00 pm**

Congregants gather for **Tashlich**, a symbolic casting away of sins (bring bread crumbs or bird seed) into a body of water, by **the Memorial Park Cemetery duck pond/ gazebo at Sixth and Gage. (Enter from Gage north of 6<sup>th</sup> Street.)**

**Friday, October 4 – 7:30 pm**

### **Shabbat Shuvah Service**

This Shabbat between Rosh Hashanah and Yom Kippur is known as the Sabbath of Return (based on the Haftarah for that Shabbat). The service retains the exalted mood of the Days of Awe with special prayers.

### **Sanctuary Request:**

In response to health concerns, we are asking that people refrain from wearing strongly scented products such as perfume, cologne, and lotions while attending Shabbat services. The sanctuary is a very enclosed space and strong scents make breathing difficult for some people. Thanks for your help.

**Sunday, October 6**

### **High Holy Day Cemetery Services**

#### **Service at Topeka Cemetery – 3:30 pm**

(in the Jewish section--in case of rain, under the shelter just inside California entrance).

#### **At the Memorial Park Cemetery – 4:15 pm**

#### **Service at Mt. Hope Cemetery – 4:45 pm**

(in the Jewish section--in case of rain, in the mausoleum).

**Please remember our**

### **High Holy Day Food Drive for Doorstep.**

**Items can be brought to the Temple from Rosh Hashanah through Sukkot. Bags will be handed out at Rosh Hashanah.**

**Tuesday, October 8 - 8:00 pm**

### **Erev Yom Kippur/Kol Nidre Service**

Rabbi Stiel, Temple members, and our Kol Neshamah choir will lead the service.

**Note: *On Kol Nidre evening, the doors to the Sanctuary will close at 8:00 pm and will open again after the chanting of the Kol Nidre prayer. Please be seated before the beginning of the service.***

**Wednesday, October 9**

### **Yom Kippur Morning Service - 10:00 am**

Rabbi Stiel, Temple members, and our Kol Neshamah choir will lead the service.

### **Children's Service - 2:30 pm**

Yom Kippur worship for children from birth through fifth grade and their families.

### **Afternoon-Yizkor-Neilah-Havdalah-3:30 pm**

A break-fast, facilitated by the Temple Celebrations Committee, will follow the conclusion of Neilah and Havdalah. Please bring any type of dairy or fish casserole, salad, fruit or vegetable tray.

**Congregants who own a shofar can bring it, practice with Warren shortly before our 3:30 pm service, and participate in our t'kiah g'dolah as our Yom Kippur services conclude on October 9.**

**Child care services, with Jewish High Holy Day activities, will be provided during the High Holy Day adult services for children 7 and under. Suggested donation is \$5.00 per child per service. Please RSVP to the Temple.**

# HOME SERVICE FOR ROSH HASHANAH



## Items Needed

Candles	Challah, preferably round	Apple slices
Two candlesticks	Decorative Challah cover	Dishes of honey
Wine or Juice	Holiday bread knife	Centerpiece of flowers
	Cups for each family member	

## Time of Home Service

When: The entire family gathers around the table on the Erev of Rosh Hashanah before (ערב ראש השנה) beginning the holiday dinner.

## Order of Service

We gather tonight with our loved ones to usher in the New Year. We earnestly pray that it will be a year of love, happiness and peace for our family, for the Jewish people, and for all humanity. May the old year and its ills end now. May the New Year and its blessings begin now together, O God. (Candles are lit):

ברוך אתה יי אלהינו מלך העולם, אשר קדשנו במצותיו,  
וצונו להדליק נר של (שבת ושל) יום טוב.

Ba-ruch A-tah A-do-nai, E-lo-hei-nu Meh-lech Ha-o-lam, A-sher Kid-sha-nu B'mitz-vo-tav,  
V'tzi-va-nu L, had-lik Ner Shel (Shab-bat V'shel) Yom Tov.

Blessed are You, Adonai, our God, Sovereign of the Universe, who has enabled our people to achieve holiness through the Mitzvah of kindling the lights of (Shabbat and) the New Year.

(Lifts wine cup:) With this symbol of joy, we give thanks for the blessings which this New Year's Day brings to us. Happy are we that we have been granted another year of life. We ask God for the strength to make our lives filled with meaning in the coming days.

ברוך אתה יי אלהינו מלך העולם, בורא פרי הגפן. [אמן].

Ba-ruch A-tah A-do-nai, E-lo-hei-nu Meh-lech Ha-o-lam, Bo-rei P'ri Ha-ga-fen. (A-men).  
Blessed are You, Adonai, our God, Sovereign of the Universe, Creator of the fruit of the vine. (A-men).

(Challah cover is removed)

ברוך אתה יי אלהינו מלך העולם, המוציא לחם מן הארץ.

Ba-ruch A-tah A-do-nai, E-lo-hei-nu Meh-lech Ha-o-lam, Ha-mo-tsi Leh-chem Min Ha-a-rets.  
Blessed are You, Adonai, our God, Sovereign of the Universe, who brings forth bread from the earth.

(After each member of the family partakes of Challah, each person takes a slice of apple and dips it in honey. Then say:)

ברוך אתה יי אלהינו מלך העולם, בורא פרי העץ.

Ba-ruch A-tah A-do-nai, E-lo-hei-nu Meh-lech Ha-o-lam, Bo-rei P'ri Ha-Ets.  
Blessed are You, Adonai, our God, Sovereign of the Universe, creator of the fruit of the trees.  
ברוך אתה יי אלהינו מלך העולם, שהחיינו וקיימנו והגיענו לזמן הזה. [אמן].

Ba-ruch A-tah A-do-nai, E-lo-hei-nu Meh-lech Ha-o-lam,  
Sheh-heh-cheh-va-nu, V'ki-y'ma-nu V'hi-gi-a-nu La-z;man Ha-zeh. (A-men).

Blessed are You, Adonai, our God, Sovereign of the Universe, for the privilege of welcoming once again the New Year. May it be a year, sweet in family affection, fruitful in well-doing, and rich in peace. (Amen).  
(Apples are eaten and meal follows.)





For the YOM KIPPUR pre-fast meal  
Candles, **no Kiddush**, Challah, a plate for Tz'dakah  
(Blessing phrases in parentheses are read only  
when holiday falls on Shabbat.)

## HOME SERVICE FOR EVEV YOM KIPPUR

When the family is gathered for the meal before the fast on Kol Nidrei evening (ערב כל נדרי):

וְנִתְּנָה תִקְוָה קְדֻשָּׁת הַיּוֹם

U-n'ta-neh **Toh**-kef K'du-shat Ha-yom

Let us give this day the dignity it deserves. As we face the year ahead, we do not know what it will bring.  
Yom Kippur (יום קיפור) teaches us that that three things give strength and meaning to life:

- **T'shuva** (תשובה) - The knowledge that no matter what we have done wrong in the past, we can begin again and try to do better.
- **T'fillah** (תפילה) - When we are able to pray – we are never alone. We can find guidance and new hope as we open our hearts to our God.
- **Tz'dakah** (צדקה) - By helping others, we help ourselves. By doing for others, we deepen our own worth. We Jews live by deeds, not just words.

Therefore, on Yom Kippur:

- We direct our minds to the task of doing better in the New Year. We call this **T'shuvah**.
- We open our hearts to our God and God's teachings. We call this **T'fillah**.
- We open our hands to help others. We begin this night by placing coins for the needy on this plate. We call this **Tz'dakah**. (Each places some coins.) **T'shu-vah, T'fil-ah, Tz'da-kah**.

<No Kiddush is offered before this meal, as this ushers in a solemn, not festive, Holy Day.>

Let us thank God that we have bread as we say:

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.

Ba-ruch A-tah A-do-nai, E-lo-**hei**-nu **Meh**-lech Ha-o-lam, Ha-mo-tsi **Leh**-chem Min Ha-**a**-rets.  
Blessed are You, Adonai, our God, Sovereign of the Universe, who brings forth bread from the earth.

At conclusion of the meal, as Yom Kippur begins:

Light the candles and say:

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו,  
וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל (שַׁבָּת וְשֶׁל) יוֹם הַכִּיפּוּרִים.

Ba-ruch A-tah A-do-nai, E-lo-**hei**-nu **Meh**-lech Ha-o-lam, A-she-**r** Kid-**sha**-nu B'mitz-vo-tav,  
V'tzi-**va**-nu L'had'lik Ner Shel (Shab-bat V'shet) Yom Ha-ki-pu-rim.

Blessed are You, Adonai, our God, Sovereign of the Universe, who has sanctified us by Your Mitzvot and commanded us to kindle the lights of (Shabbat and) Yom Kippur.

<For those Jewish adults permitted and willing to do so, a food and water fast continues until the break-fast at the end of the N'ilah Service, which concludes Yom Kippur the following evening.>

Mazon is striving to help end hunger in the United States and Israel. It provides needed food for food pantries in Kansas and beyond and advocates for good governmental policies that get food to the people most in need.

Please donate at [www.mazon.org](http://www.mazon.org).

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### **Sample High Holy Day Absence Letters**

Dear Teacher,

Please excuse my child from school on Monday, September 30 and Wednesday, October 9. He/she will be attending worship services at Temple Beth Sholom for Rosh Hashanah and Yom Kippur. These are two of the most important days of the Jewish calendar, and it is customary for the Jewish community to assemble together. I hope there will be no extra work assigned on these days. Thanks for your understanding.

Dear Staff,

Please excuse my absence on Monday, September 30 and Wednesday, October 9. I will be attending worship services at Temple Beth Sholom. These are two of the most important days of the Jewish calendar, and it is customary for the Jewish community to assemble together. Thanks for your understanding.

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### **Are you interested in a Temple course in Modern Jewish Intellectual History?**

There are contemporary denominational schisms within the Jewish community particularly between Orthodox and non-Orthodox communities. There have also been a number of such schisms in the past. Professor of Modern Jewish History, David B. Ruderman of the University of Pennsylvania, has put together a course, "Jewish Intellectual History: 16th to 20th Century" which illuminates such divisions and forms the backdrop of today's denominational splits. The course consists of 24 thirty-minute presentations that are on DVDs.

If there is sufficient interest in the course, a study/discussion group would meet twice a month on Sundays from 10:30-11:30 a.m. It is estimated that the group would meet 24 times over the course of a year. Please email the office ([office@tbstopeka.org](mailto:office@tbstopeka.org)) to register your interest. Norm Spero will moderate the course.

### **How to enroll in Dillons Community Rewards Program**

Obtain a Dillon's Plus card available at any Dillons store (if you do not already have one). You will need the number on that card to set up an on-line account.

Go to [www.dillons.com](http://www.dillons.com) to SET UP AN ACCOUNT.

**IF YOU DO NOT ALREADY HAVE AN ACCOUNT:** click REGISTER in the upper right corner.

Enter your email address, password, zip code (select preferred store) and check the box if you desire to receive email communications from Dillons

Click on CREATE ACCOUNT at the bottom of the page

You will receive an email confirmation to your inbox. To activate your account, click on the link in the body of the email and enter your sign-in information to confirm.

**IF YOU HAVE AN ACCOUNT:** click SIGN IN in the upper right corner.

**TO ENROLL IN THE COMMUNITY REWARDS PROGRAM:**

Find the button or tab for COMMUNITY REWARDS (may be under the COMMUNITY tab on the top bar).

Click on ENROLL NOW.

Enter the following 5-digit NPO number: **BL361**, and search.

Select Temple Beth Sholom and click on ENROLL.

Temple Beth Sholom will then receive a donation from Dillon's based on a percentage of your grocery purchases.



**Temple's In-House Listening Campaign Meeting**  
**TBS' Topeka JUMP Kick-Off for the Year**  
**Tuesday, September 24, 7:00 - 8:30 pm**

On September 24, Temple Beth Sholom will have a "house meeting" at Temple. At this house meeting, our members will be asked to share stories about struggles they experience here in Topeka. This is a chance for us to learn from and about each other. For those who wish, there will also be information shared about being a JUMP Network Member. Our Network Members are our liaisons with Topeka JUMP.

The local concerns from each congregation are recorded (without names) at the house meetings and then compiled together with that from other JUMP congregations. This information then helps the Topeka JUMP members pick a next area of focus.

Topeka JUMP is a coalition of 25 congregations in Shawnee County. Members from different denominations and walks of life use JUMP as a way to live out God's call to do justice (Micah 6:8). Currently, JUMP members are fighting for just lending practices; public transportation to living wage jobs; more affordable housing; and the implementation of a proven strategy to reduce shootings.

For questions about the house meeting, please reach out to Dennis Dobson or Rabbi Stiel. Please RSVP to the Temple office so we will know how many people to expect. We would like to have a good cross section of our congregation at the meeting. Light snacks will be provided.



**WELCOME NEW MEMBERS:**

-To **Mary Jo Krasny**  
Address and phone number  
in paper bulletin

-To **Yocheved Nusbaum**  
Address and phone number  
in paper bulletin

**Dear Temple Friends,**

There are no words that can adequately express my THANKS and APPRECIATION for last night's Shabbat service and for the amazing celebration of my decades of musical service to the Temple.

My years of knowing all of you as friends, as people dedicated to growing closer to God (and helping many others in their spiritual growth) has been among the deepest treasures of my life.

I cannot yet comprehend all the wonderful treasures you and the congregation gave me! And I look forward to being with you for many future Temple services and events!

My life has been richly blessed by you all. Thank you for being true treasures in my life!

L' Shalom, Paul Evans

**August 7, 2019 Board Meeting Highlights**

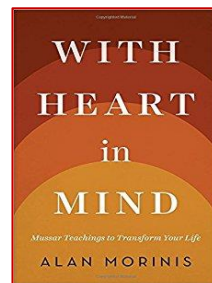
- The Board opened the meeting with the Shehecheyanu blessing for the new board term.
- Rabbi Stiel attended the USD 501 Convocation at the invitation of Superintendent Dr. Tiffany Anderson. Rabbi shared Dr. Anderson's message to always challenge oneself. As a result, Rabbi challenged each Board member with tasking him or herself to practice additional Jewish learning over the next year.
- Temple Archive Committee member Diana Siegal will submit Bulletins from 1960-2011 and Board Meeting Minutes from 1956-2011 to the Kansas State Museum of History. The Board agreed that it was essential that the Museum have a historical record of Jews in Topeka.
- The Board voted unanimously to accept the membership applications of M.J. Krasny and Yocheved Nusbaum. Welcome new Temple members!
- Ron Scrinopskie was unanimously voted to fill an empty seat on the Board.



## **Middot Va'ad: Gaining Jewish Wisdom and Understanding**

**September 18, Noon – 1:00 pm**

Bring a bag lunch and join us in the Temple Pusitz Library. We are reading Alan Morinis' *With Heart in Mind ~ Mussar Teachings to Transform Your Life*. We study the character traits (*middot*) and work on bringing them into our lives in the right amount. Please bring the book to the *Va'ad* meetings. We will review Chapter 20 and read Chapter 21. Newcomers are always welcome.



## **Monthly Shabbat Morning Opportunities**

### **Talmud Study – 9:00 – 10:30 am, Saturday, September 7 and 21.**

*Pirkei Avot* consists of the wisdom of our sages concerning the values and ethics of Judaism as reflected in the Oral Law. While I am paraphrasing here, perhaps one of the most famous is Rabbi Tarphon's dictum: "It is not for you to finish.....but neither are you free to desist from it." We shall read *Pirkei Avot* in small segments, simultaneously looking at and discussing different commentaries that have been written about each portion of it.

We invite and welcome you to join us in what we anticipate will be a very rewarding study. It is not necessary to commit to attending every session. Come as you are interested and able to.

### **Kabbalah Study - 9:00 - 10:30 am, Saturday, September 14 and 28**

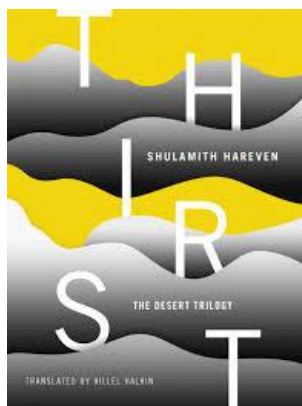
***Introduction to the Zohar, by Arthur Green.***

Our group is reading Art Green's excellent and thorough introduction to the Pritzker edition of the *Zohar*. If you want to get an inside look at the *Zohar*, please join us for this fascinating read! We will hand out copies in class.



### **TaNaKh Study – 10:30 am – 12:00 pm, Saturday, September 14 and 28**

In this group, we are reading the Bible all the way through. Each time we meet we read a few verses or a chapter out loud and then stop to discuss it before going on. We enjoy a free-ranging discussion of what was read and its implications. Currently, we are reading the *Psalms* and would love your input.



**Temple Book Club for September 15, 2:30 pm. We will meet in Temple's Pusitz Memorial Library.**

All three novellas in Shulamith Hareven's *Thirst: The Desert Trilogy* are historical fiction set during the period concurrent with the dramatic narrative of national trial contained in the Book of *Exodus*. However, Hareven is not concerned with the well-known events of the Hebrews in the wilderness; rather her attention is fixed on the difficulties her characters face before reaching the Promised Land.

Although her focus is the land and stories that shaped the Hebrew people, the novellas can be read as an allegory of modern times. The book can be ordered from Abebooks.com for under \$5.00

## ADULT HEBREW CLASSES BEGINNING AGAIN IN SEPTEMBER



All adult Hebrew classes are taught by Frayna Scrinopskie in the Norma Jean Leff Board Room. The fee is \$50 for members and \$75 non-members (plus the cost (\$30) of any textbook) for the year of classes.

The adult Hebrew classes will begin **Sunday, September 8.**

**9:30 - 10:30 am Beginning Hebrew students** will first learn the alphabet and vowels and will progress to basic Hebrew prayers. This class will start with an introduction to the language of Biblical Hebrew.

**10:30 – 11:30 am Intermediate Hebrew students** will learn to read, with some fluency, and to understand the Hebrew prayers that comprise Shabbat and holiday services. Some biblical texts may be read.

### **11:30 am - 12:30 pm Advanced Adult Hebrew**

This class is a continuation of the Advanced Hebrew class offered last year. Students in this class should have a basic understanding of Hebrew grammar and vocabulary. Biblical texts will be read.

**\*\*Please note: when religious school is out, these adult education classes will not meet unless the teacher has said otherwise to the class.**

## Religious School Start Date & News

Enrollment forms have been mailed and emailed to everyone. If you did not get them, let us know. Forms and checks for first semester are due NOW.

### Sunday, September 8 – First Day of Religious School

**Parents: please walk your children in to the downstairs' foyer on this day and help them find their teachers/classroom.**

9:30 am - 10:30 am – Hebrew begins for 3<sup>rd</sup>-6<sup>th</sup> graders

10:30 am - 12:00 pm – Religious School for all grades

12:00 pm - 12:30 pm – First day assembly. Parents, please join us in the sanctuary.

### Class Times:

Religious School Hebrew: Sundays 9:30 am - 10:30 am

Religious School: Sundays 10:30 am - 12:30 pm



New Phone  
Number:

Harlan Black  
Cell number  
In paper bulletin

## SHABBAT SERVICES WHEN OUR YOUTH WILL HELP LEAD

### Religious School Grade Level:

### Shabbat Date:

Hebrew Classes Shabbat.....December 6, 2019, 7:30 pm

1<sup>st</sup> – 2nd Grade Shabbat ..... February 14, 2020, 7:00 pm

4<sup>th</sup> – 6<sup>th</sup> grade Shabbat.....April 3, 2020, 7:30 pm

8<sup>th</sup> grade Shabbat.....May 1, 2020, 7:30 pm

## ONEG SPONSORS NEEDED

We are looking for a host for the following Shabbat onegs in 2020: **January 10, 17 and 31; February 7 and 21; March 20; April 24; May 15; July 3, 10, 17 and 31; August 7, 14, 21 and 28.** Please check times of services in the monthly bulletin and weekly email.

**June Onegs will be Potluck.**

**There will also be once a month Potluck Onegs which are the following dates:**

**September 27, October 25, November 29, December 20, January 24, February 28, March 27, April 17 and May 22. We will need help setting up and cleaning up.**

Please remember, for those of you who cannot host an oneg, you may donate any amount to our Oneg Fund. Contact Molly Wisman if you have questions.

### New at Temple!

Thank you to Peggy, z'l, and Harlan Black for donating a copy of Robert Alter's new 3 volume *The Hebrew Bible: A Translation with Commentary*. We now have two copies of this set. One will be in the Temple library and one will be in the board room. Both sets will be reference books, but please feel free to consult them for Alter's astute translations and commentary.

This donation is in memory of Elaine Zlotky, z'l.

### Historical Corner by Jack Wisman

Did you know that Topeka has a Jewish cemetery? It is located in the Topeka Cemetery on East 10<sup>th</sup> Street, and it belongs to is Temple Beth Sholom. The Jewish section was established in the early 1870's by a number of Jewish men. A consecrated place was required for burial of Jewish people.

The first Jewish person buried in Topeka's Jewish cemetery was Jonas Wise in 1874. He was 39 years-old. His wife, Fanny, was buried beside him in 1918, 44 years later.

We know nothing about what Jonas did for a living or what caused his death. How did his wife survive for 44 years after his death? What did she do for a living? Did they have any children? For that matter are there relatives buried in the cemetery with Jonas and Fanny?

What we do know is that both were proud enough of their Jewish heritage that they chose to be buried in our Jewish cemetery. If you have an interest in the Topeka Jewish cemetery, give me a call.

Until next time, Jack.



### Maval Tov:

-To **Sarah Edelman-Dolan** for receiving her graduate degree in social work.

-To **Ron and Frayna Scrinopskie**, on the birth of their grandson, Merek Ezra Atwood. Parents are Kelsey (Scrinopskie) and Taylor Atwood.

### Thank You:

-To the **Scrinopskie family** for providing the 5780 Jewish Calendars.

"Our best wishes for a happy, healthy 5780!"

From Ron, Frayna, Jared, Kelsey, Taylor and Merek.

# September 2019

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1 Kol Neshamah Rehearsal 1:00 pm	2 Labor Day: Office Closed NO Chair Yoga	3	4 Board Meeting 7:00 pm	5	6 Shabbat Service 7:30 pm Rabbi Stiel/ Warren Sickel/ Hurst Coffman/ Doorstep's Lisa Cain speaking	7 Talmud Study 9:00 am
8 First day of RS and Adult Hebrew classes RS Hebrew & Adult Beg Hebrew 9:30 am RS Classes & Adult Int Hebrew 10:30 am Adult Adv Hebrew 11:30 am RS Assembly 12:00 pm Kol Neshamah Rehearsal 1:00 pm	9 NO Chair Yoga	10	11	12	13 Simchat Shabbat Service 7:00 pm Rabbi Stiel/ Warren Sickel/	14 Kabbalah Study Group 9:00 am TaNaKh Study 10:30 am
15 RS Hebrew & Adult Beg Hebrew 9:30 am RS Classes & Adult Int Hebrew 10:30 am Adult Adv Hebrew 11:30 am Kol Neshamah Rehearsal 1:00 pm Book Club 2:30 pm	16 Chair Yoga 7:00 pm	17	18 Middot Va'ad 12:00 pm Meditation led by Stephanie Schuttera 7:00 pm	19 Men's Dinner Group at Red Robin 6:30 pm World Myths Class 7:00 pm	20 Shabbat Slichot Service 7:30 pm Rabbi Stiel/ Rhoda Wisman/ Linda Smith Kol Neshamah	21 Talmud Study 9:00 am
22 RS Hebrew & Adult Beg Hebrew 9:30 am RS Classes & Adult Int Hebrew 10:30 am Adult Adv Hebrew 11:30 am Kol Neshamah Rehearsal 1:00 pm	23 Chair Yoga 7:00 pm	24 JUMP Listening Campaign at Temple 7:00 pm	25	26 Women's Night Out at Jason's Deli 6:30 pm	27 Shabbat Service 7:30 pm Rabbi Stiel/ Rhoda Wisman/ Potluck Oneg	28 Kabbalah Study Group 9:00 am TaNaKh Study 10:30 am
29 No Religious School or Adult Hebrew Classes  Erev Rosh Hashanah 8:00 pm	30 NO Chair Yoga Rosh Hashanah 10:00 am Children's Service 1:30 pm Tashlich Service 3:00 pm				Want to keep up with Temple EVENTS?! Access Temple's Calendar with the following link: <a href="http://templebethsholomtopeka.view-events.com">http://templebethsholomtopeka.view-events.com</a>	



# Temple Beth Sholom

4200 SW Munson Ave, Topeka, KS 66604-1879

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## Worship Services



**Friday, September 6**

**Shabbat Service - 7:30 pm**

Service led by Rabbi Stiel and Warren Sickel. Hurst Coffman will accompany. Lisa Cain, Director of Doorstep will speak. Oneg sponsored by Social Action Committee.

**Friday, September 13**

**Simchat Shabbat Service - 7:00 pm**

Service led by Rabbi Stiel and Warren Sickel. September birthday and anniversary blessings will be offered. Oneg sponsored by Kelly Perkins.

**Office Hours – Monday to Friday**

**9:00 a.m. to 12:00 or by appointment**

**COMMUNICATION RESOURCES:**

**[www.templebethsholomtopeka.org](http://www.templebethsholomtopeka.org)**

**Facebook: Templebethsholom-topeka**

**[Office@tbstopeka.org](mailto:Office@tbstopeka.org)**

**[Rabbi@tbstopeka.org](mailto:Rabbi@tbstopeka.org)**

**Friday, September 20**

**Shabbat Slichot Service - 7:30 pm**

Service led by Rabbi Stiel and Rhoda Wisman. Kol Neshamah will participate with Linda Smith accompanying. Oneg sponsored by Richard and Barbara Shapiro.

**Friday, September 27**

**Shabbat Service - 7:30 pm**

Shabbat Service led by Rabbi Stiel and Rhoda Wisman. Oneg will be potluck. We will need help setting up and cleaning up.

**Sunday, September 29**

**Erev Rosh Hashanah – 8:00 pm**

**Monday, September 30**

**Rosh Hashanah Morning Service 10:00 am**

**Children's Service 1:30 pm**

**Tashlich Service 3:00 pm**



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